

Autumn Bulletin 2025

SUSTAINABLE CRAYKE

Crayke Village was treated to the sight of early harvesting and golden fields. Some of our farmers planted beautiful wild flowers. Soil improvement & the attraction of pollinators affects yields. However, the drought has affected many farmers adversely due to poor pasture for livestock and lower yields in some food crops.

BUG HOTELS: Our busy pollinators may be ready for a rest. A few hollow sticks, straw, rotting logs, bricks or a fancy ornamental bug house? They are soon occupied and a plug made to keep out the cold!

See wildlifetrusts.org for ideas or to buy 1.

GARDENING FOR DROUGHT.?

A good time to examine which plants are drought hardy and consider composting green food waste for mulch on borders to help retain water. Bark can help too. A SUBSIDISED compost bin is available at

getcomposting.com. Add a water butt for garden watering and HELP AMPHIBIANS by creating a wildlife pond? Newts and frogs will soon find it & eat your slugs!! Find out how @wildaboutgardens.org.uk

INSULATION DEPTHS

Can be up to 250mm for lofts. Check if your house EPC (Environmental Performance Certificate) or income qualify for a NY Council grant. Make your own bespoke draught excluder or door curtain for winter?

FOOD WASTE..? No! Freeze those brown bananas! Use 2-3 for a banana bread. Oven 160deg fan. Mix 140g soft butter and 110g light brown sugar. Beat in the defrosted banana & 2 eggs. Mix 200g SR flour & 1tsp baking powder & pinch salt. Fold into the mixture, add a splash of milk if needed. Pour into a loaf tin & bake 45-50mins. Allow to cool in the tin or serve warm + Greek Yog.

For our Sustainable Living booklet....
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